



University of
Chester

Warrington

Sports Coach Induction Pack



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www.coachingcw.org/warrington

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"All those working in Sport in Cheshire and Warrington recognise the hugely important role of a sports coach. It plays a pivotal role in developing our athletes, and it ensures our residents have positive sporting experiences and create a healthy and active community in Cheshire and Warrington.

We would like to thank you for this contribution, and for the responsibility, you will take on board to ensure quality delivery of coaching to all participants in Cheshire and Warrington. We wish you the best of luck with your coaching endeavours"

Jackie Bryson, Chief Executive Officer at Cheshire and Warrington Sports Partnership



Introduction Letter

www.coachingcw.org/warrington

Dear Coach,

Firstly, let me welcome you to Warrington. We are very excited to have you on board and we are looking forward to working with you in order to deliver high quality coaching.

The aim of this pack is to assist you in the delivery of your coaching projects, by providing you with the necessary tools to plan, implement, and monitor and evaluate your coaching sessions. You will find a number of resources in the appendix, which you will find useful during your coaching, including:

- Risk Assessment Template
- Blank Session Plan Template
- Blank Session register
- Accident report form
- Disclosure record form

In this pack, you will also find a list of contacts, which may be useful during your time coaching within Warrington.

Thank you for giving your time to coaching within Warrington. We look forward to working with you. Please do not hesitate to contact us with any questions that you may have.

Yours Sincerely,

Patrick Hendrie

School Club Link and Coach
Manager
Warrington School Sport Partnership

Tom Haworth

Club, Coach and Volunteer
Development Officer
Arts and Sports Engagement
Team
Warrington Borough Council

Key Contacts

Make sure you are registered: coachingcw.org/warrington

Below is a list of key contacts within the area that you may find useful:

Organisation	Acronym	Responsibility	Contact Email	Contact Phone Number
Cheshire and Warrington Sports Partnership	CWSP	The development of Sport and Physical Activity across Cheshire and Warrington	coaching@cwspartnership.org	01606 871812
Arts and Sports Engagement Team	ASET	The development of arts and sports within Warrington	sport@warrington.gov.uk	01925 444069
Warrington Wolves Foundation	Wolves Foundation	Promotion & Delivery of Sport & Physical Activity	community@wolvesfoundation.com	01925 248894
University of Chester	N/A	Provision of undergraduate, postgraduate and community coaching delivery	N/A	N/A
Warrington School Sports Partnership	WaSSP	To ensure that every child and young person has access to a wide ranging and diverse program of quality PE and sporting opportunities.	N/A	N/A
Coaching Cheshire and Warrington	CoachingCW	Online tool for supporting coaches, giving access to training courses and collecting monitoring and evaluation data	www.coachingcw.org/warrington	01606 871812
SportscoachUK	scUK	The development and implementation of a national coaching system	N/A	0113 274 4802
Youth Sports Trust	YST	Improve the quality and quantity of PE and sport for young people	info@youthsporttrust.org	01509 226600
Child Protection in Sport Unit	CPSU	To build the capacity of sport to safeguard children and young people	cpsu@nspcc.org.uk	0116 234 7278
Local Safeguarding Children Board	LSCB	Supporting parents, careers and families in providing safe and stable homes for children and young people. Children and Young people also need to feel safe in our leisure centers, extended schools, parks and sports clubs.	www.cheshire.gov.uk/lscb	0845 11 333 11



What you can expect from us...

www.coachingcw.org/warrington

As a coach working in Warrington, you can expect the following from your employer:

- A structured induction process that is consistent across Warrington:

"Each Coach will receive an induction through the Warrington Workforce Development Group. This will include:

- *The role and responsibility*
- *A list of all relevant internal staff and external organisations*
- *Copies of the relevant policies, including Warrington's Child Protection Policy, Health and Safety Guidance, Equal Opportunities and Diversity and Conflict Management*
- *Induction training and details of ongoing training where appropriate*

Each coach must attend this induction, which may be both one-to-one and where appropriate, in groups. Induction needs will vary according to the previous experience of the individual."

- Consistent scales of pay in school and community deployments
- A nominated point of contact within the organisation in which you are coaching
- Access to a programme of Continual Professional Development
- Links to the wider coaching network across Cheshire and Warrington
- Access to paid and voluntary coaching opportunities
- Standardised forms for planning, delivery and evaluation of sessions. These forms can be found in the appendix of this pack.
- To be listened to and involved in the development coaching programmes within Warrington
- A safe environment in which to deliver high quality coaching sessions.
- Access to information regarding operating procedures within the host agency.
- References for future employment.
- Access to www.coachingcw.org/warrington
- To be treated fairly and with respect at all times.
- Access to the appropriate first aid equipment at every coaching session.
- Opportunities to access mentoring support
- Feedback from your coaching sessions and from managers
- A guidance document detailing all you need to know about coaching in Warrington



What we expect from you...

www.coachingcw.org/warrington

As a coach in Warrington, we expect you:

- To treat all individuals in sport with respect at all times, to not to discriminate or condone discrimination on the grounds of gender, marital status, race, colour, disability, sexual identity, age, occupation, religious beliefs or political opinion
- To meet all the minimum standards outlined in this induction pack before and during your delivery within Warrington (including but not limited to an active and suitable Criminal Records Bureau Check)
- To communicate with, and provide feedback to, participants in a manner which reflects respect and care.
- To ensure that physical contact is appropriate and necessary, and is carried out within recommended guidelines. (For more information, see Warrington coaching guidance document).
- To know, understand and adhere to the Warrington child protection/safeguarding policies, toolkits and procedures and adhere to them. (see Guidance Notes)
- To encourage participants to take responsibility for their own development and actions and to allow performers to discuss and participate in the decision-making process.
- To display high standards in use of language, manner, punctuality, preparation and presentation, and encourage participants to display the same qualities. (For more information see Warrington coaches guidance document)
- To display control, respect, dignity and professionalism to all involved in your sport.
- To plan all sessions so they meet the needs of the participants and are progressive and appropriate and to maintain appropriate records of your participants.
- To demonstrate commitment to Continuing Professional Development (CPD) by undertaking/attending learning opportunities to maintain up-to-date knowledge of technical developments in your sport.
- To practise in an open and transparent fashion that encourages other coaches to contribute to or learn from your knowledge and experience.
- To fill out a profile and record monitoring and evaluation data on www.coachingcw.org/cheshireeast as detailed in this document and carry a folder of all required information on your person during all work in Warrington

Coaching in Warrington

www.coachingcw.org/warrington

The Coaching Unit

For all work in Warrington, the Coaching Unit is defined as the elements required to provide an effective coaching session, including:

- Travel (Including Mileage)
- Session Planning
- Delivery
- Setting up and clearing of equipment
- Monitoring and evaluation

Example of one unit of work

- *Session planning*
- *Travel to destination*
- *Pre-session risk assessment*
- *Coach the session*
- *Complete the monitoring and evaluation online at www.coachingcw.org/warrington*
- *Travel home*

Rates of Pay

The rates of pay indicated below are based on the 'Coaching Unit' (see above).

The exact rate within the band will be determined by each employer within Warrington based on the experience of coach and the demands of the programme.

For more information on the roles, please see the minimum standards matrix on the next page.

Coach Role	Level of Performers	
	Children, Participation & Talent Development	High Performance and Challenging groups
Assistant Coach	£7-9	£7-9
Coach	£10-15	£15-20
Senior Coach	£15-20	£20+
Master Coach	Rates of Pay will individually negotiated	



Coaching in Warrington

www.coachingcw.org/warrington

Admin Roles carried out by a coach

Non-coaching roles carried out within the organisation you are working with, such as:

- Competition support
- Team management
- Travel to games with teams
- Small event organisation

Will all be paid at a standard rate of £7/hour

Any other role as taken outside of the coaching unit is to be individually negotiated e.g. *Mentoring, carrying out session observation, tutoring of young leader's courses.*

Roles and Standards for Deployment

Make sure your registered: coachingcw.org/warrington

Definition of Coach Role	Minimum Standards for deployment with each level of Performer			
	Children	Participation	Talent Development	High Performance
<p>Assistant Coach Will assist a coach with a session, they will receive instructions for their specific role in sessions from the coach supervising the event / session to support delivery.</p>	<ul style="list-style-type: none"> - NGB Level 1 qualification - Insurance (see guidance) - Age 16+ - Supervised by coach 	<ul style="list-style-type: none"> - NGB Level 1 qualification - Insurance - Age 16+ - Supervised by coach 	Specific NGB recommendations to be consulted	
<p>Coach The coach / lead coach will be responsible for general coaching practices including session planning, delivery and evaluation procedures.</p>	<ul style="list-style-type: none"> - Current and active host organisation CRB - NGB Level 2 qualification - Insurance - Safeguarding & Child Protection training - First aid - Willing to be observed 	<ul style="list-style-type: none"> - Current and active host organisation CRB - NGB Level 2 qualification - Insurance - Safeguarding & Child Protection training - First aid 	Specific NGB recommendations to be consulted	
<p>Senior Coach The coach will be responsible for general coaching practices including session planning, delivery and evaluation procedures. They may also be responsible for designating tasks to any additional adults / assistant coaches present at sessions. Senior coaches will be able to contribute to development of additional young people / adults within their coaching setting. They will be able to pass knowledge onto other coaches as a part of CPD / act as mentors for young leaders.</p>	<ul style="list-style-type: none"> - Current and active host organisation CRB - NGB Level 2 qualification - Insurance - Safeguarding & Child Protection training - First aid - Willing to be observed and to observe/feedback on others - Passed satisfactory interview at host organisation / place of work 	<ul style="list-style-type: none"> - Current and active host organisation CRB - NGB Level 2 qualification - Insurance - Safeguarding & Child Protection training - First aid - Willing to be observed and to observe/feedback on others - Passed satisfactory interview 	Specific NGB recommendations to be consulted	

For more details of any of the above mentioned Minimum Standards for Deployment please see the Coach Guidance document which supports information in the Induction Pack



Monitoring & Evaluation

www.coachingcw.org/warrington

All Monitoring and evaluation will be carried out across Warrington partners using the website www.coachingcw.org/warrington

Coaches are expected to register an account on the above address and provide:

- Contact details
- Details of coaching experience
- Training needs for the future

You will then be expected to log into your coach profile in order to complete monitoring and evaluation for your coaching sessions within a week of delivery. This can be done by selecting the "Journaling" button on your home page. The minimum requirement for data collection at each session is as follows:

- Number of participants (Boys / Girls)
- Age of participants: KS1 (4-8), KS2 (8-11), KS3 (11-14), KS4 (14-16), KS5 (16-19), Adult (20-50), Older Adult (51+)
- Activity/Sport
- Hours delivered

For some programmes, you may be asked to collect other information alongside this minimum. This may include information on BAME, participants with a disability, talent identification etc.

N.B. This information is to be collected using the register provided and entered on the website on a weekly basis. This is part of your coaching agreement and must be completed in order to receive payment.

Coaching profile

At every session, coaches must carry a folder containing the following information:

- Coach profile printed from www.coachingcw.org/warrington
- Copy of enhanced CRB certificate
- Copy of qualification certificates
- Copy of Public Liability Insurance

Grievance / Complaints procedure

If any issues arise and you wish to make a complaint, you should contact your coach manager who will guide you through the appropriate grievance procedure for the organisation. If this is not appropriate, you may contact the Coach Development Manager at Cheshire and Warrington Sports Partnership.

Further information

Further information on coaching in Warrington can be found in our guidance document, available on request from your Coach Manager or employer, and from www.coachingcw.org/warrington.

Warrington – Coaches Session Journal

Venue Address:

This form is for you to keep a journal of your coaching sessions

	Date of Session (e.g. 1 st October 2008)	Coach Group (i.e. the participant register you were coaching)	Start Time (the time you arrived at the session venue)	Finish Time (the time your left the session venue)	Coaching Time (The amount of time spent on coaching delivery)	Amount of Children or Adults Coached	Male	Female	Participants with a Disability	BME	Identified Gifted and Talented children (Please pass o names to the relevant NGB once permission is gained)
EG	1 st March 2010	Adult – Football	6pm	7.30pm	1 Hour	20	19	1	0	3	0
1											
2											
3											
4											
5											
6											
7											
8											
9											
10											
			Coaching hours delivered								

Age Range Key – KS1 (4-8), KS2 (8-11), KS3 (11-14), KS4 (14-16), KS5 (16-19), Adult (20-50) Older Adult (51+)

Appendix 2: Warrington Coach Session Planner

This session plan should be used to plan your coaching sessions.

*Delete as appropriate

Candidate		Date Produced	
Assessor		Time available for the session	
Information on participants:			
Number of participants		Adults / Children	Participants' ability beginners: Intermediate; mixed ability; other?
Medical Information			
Particular Needs			
Information on facilities and resources:			Session No.
Location		Session Date	
Facility needs			
Equipment Needs			
Health & Safety issues			
Action plan points from previous sessions			

Coach		Session Date	
Session goals/aim			
Session Plan		Timings	
Warm Up			
Main Content			
Key Factors			
Cool Down			
Aims of the next Session would be:			

Candidate coach's name		Session date	
Do you think that the goal/aim of the session was appropriate to the needs of the participants?			
Were the arrangements that you made and organisation of the session adequate and appropriate? <i>Facilities, equipment, welfare, health and safety etc</i>			
Were the activities/content of the session appropriate to the group's needs and expectations?			
Were your coaching techniques and communication appropriate to the content and participants?			
Were any changes made to what was planned, prior to, or during the session?			
Did the participants' performance improve as expected?			
What feedback have you had from other people involved in the session?			
If you were to coach this session, again what might you change?			
Personal Action Plan:			

Appendix 3: Coaches Review Template

Name:		Date :		
Location:		Age Group:		
Topic:				
Criteria	Score (circle one)	Comments		
<u>Safety</u>	Score =			
Awareness of environment, participants & equipment issues (Health and Safety)	5 4 3 2 1			
Concern for Participants well being	5 4 3 2 1			
<u>First Impressions</u>	Score =			
Professional Appearance	5 4 3 2 1			
Delivery without over dependence on notes	5 4 3 2 1			
Self Confidence / Positivism	5 4 3 2 1			
<u>Organisation</u>	Score =			
Quality / appearance of session plan	5 4 3 2 1			
Skill in organizing space, equipment and groups	5 4 3 2 1			
Explanation / Directions	5 4 3 2 1			
<u>Coaching Process</u>	Score =			
Warm up and progression fits topic and group	5 4 3 2 1			
Realism in practices	5 4 3 2 1			
Ability to diagnose key faults	5 4 3 2 1			
Ensured all players were challenged at an appropriate level for individual	5 4 3 2 1			
Inclusion for all participants	5 4 3 2 1			
Encouraged feedback and illustrated teaching moments with participants	5 4 3 2 1			
<u>Communication</u>	Score =			
Quality of voice & Speech Habits	5 4 3 2 1			
Effectiveness of instructions	5 4 3 2 1			
Effectiveness of demonstrations	5 4 3 2 1			
Appropriate use of coaching style	5 4 3 2 1			
Interaction and response with group (Eye contact, use of names etc)	5 4 3 2 1			
Overall enthusiasm & Personality in session	5 4 3 2 1			

General Comments:

Overall Assessment	Total Score (Max = 100)	<input type="text"/>
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Assessors Name:	Assessors Signature:
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Notes and Diagrams

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Appendix 4: Accident/Incident Report Form

This form must be completed as follows: Part A by injured person/their Supervisor or Line Manager and Part B by appropriate Service Manager/Senior Manager - for all accidents, near misses (reportable diseases, dangerous occurrences) and physical/verbal assault at all premises under Council control or arising because of any operation undertaken by the Council. **The completed form must be forwarded to the Council's Corporate Health and Safety Team within 3 days, and copy to be retained by the relevant Service Director/Head.**

1 PART A - Details of injured person

Surname: _____ Forename: _____ Age: _____ M F

Address _____ Postcode: _____
:

Service _____
:

Status

Council Employee: Occupation: _____

Young Person: Contractor: Agency: _____

Service User/Client: Member of the Public: Other (state): _____

Do you agree to a copy of this form being released to your Trade Union Representative? Y
N

2 Accident/incident detail

Date: _____ Time: _____ Date reported: _____

Location _____
:

Briefly describe incident and apparent cause, including any assailant details:

Type of main injury (cross one box)				Location of injury (cross one box) indicate right/left (R/L)			
				L		R	
				L	R		
1. Burn/Scald	<input type="checkbox"/>	10. Loss of Sight	<input type="checkbox"/>	1. Head	<input type="checkbox"/>	10. Hand	<input type="checkbox"/> <input type="checkbox"/>
2. Lacerations	<input type="checkbox"/>	11. Concussion/ Internal Injuries	<input type="checkbox"/>	2. Eye	<input type="checkbox"/> <input type="checkbox"/>	11. Finger	<input type="checkbox"/> <input type="checkbox"/>
3. Puncture Wound	<input type="checkbox"/>	12. Electric Shock	<input type="checkbox"/>	3. Ear	<input type="checkbox"/> <input type="checkbox"/>	12. Leg	<input type="checkbox"/> <input type="checkbox"/>
4. Bruises/Swelling	<input type="checkbox"/>	13. Poisoning/ Gassing	<input type="checkbox"/>	4. Facial	<input type="checkbox"/>	13. Ankle	<input type="checkbox"/> <input type="checkbox"/>
5. Irritation	<input type="checkbox"/>	14. Hearing Loss	<input type="checkbox"/>	5. Neck	<input type="checkbox"/>	14. Foot	<input type="checkbox"/> <input type="checkbox"/>
6. Sprain/Strain	<input type="checkbox"/>	15. Temperature Extreme	<input type="checkbox"/>	6. Trunk	<input type="checkbox"/>	15. Toe	<input type="checkbox"/> <input type="checkbox"/>
7. Break/Fracture	<input type="checkbox"/>	16. Multiple	<input type="checkbox"/>	7. Back	<input type="checkbox"/>	16. Internal Organ	<input type="checkbox"/>
8. Dislocation	<input type="checkbox"/>	17. Other	<input type="checkbox"/>	8. Arm	<input type="checkbox"/> <input type="checkbox"/>	17. Multiple	<input type="checkbox"/> <input type="checkbox"/>
9. Amputation	<input type="checkbox"/>	18. No injury	<input type="checkbox"/>	9. Wrist	<input type="checkbox"/> <input type="checkbox"/>	18. None	<input type="checkbox"/>

PART B - Departmental action/investigation

Injured Persons Full Name:		Date of accident:
Was the injured person:	- performing authorised duties	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
	- appropriately trained to carry out the task at the time of the accident	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
Is there a Risk Assessment for this task?		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
If no, has one been undertaken?		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
If yes, has it been reviewed since this occurrence?		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
Type of accident (cross one box)	Agent of injury (cross one box)	Nature of defect (cross one box)
1. Run Over <input type="checkbox"/>	1. Electricity <input type="checkbox"/>	1. Intrinsic Fault/Defect of Agent <input type="checkbox"/>
2. Struck By <input type="checkbox"/>	2. Transport <input type="checkbox"/>	2. Plant/Equipment not Securely Fixed/Stacked <input type="checkbox"/>
3. Collision (striking against) <input type="checkbox"/>	3. Powered equipment <input type="checkbox"/>	3. Protective Equipment Damaged/Unsuitable/Unused <input type="checkbox"/>
4. Falls on level <input type="checkbox"/>	4. Non-Powered equipment <input type="checkbox"/>	4. Unsafe Atmosphere <input type="checkbox"/>
5. Falls from height <input type="checkbox"/>	5. Toxic Materials & Fumes <input type="checkbox"/>	5. Unsafe Environmental Layout Condition <input type="checkbox"/>
6. Explosion or Fire <input type="checkbox"/>	6. Corrosive/Hot Substance <input type="checkbox"/>	6. Misuse of Agent <input type="checkbox"/>
7. Muscular Exertion <input type="checkbox"/>	7. Animals or insects <input type="checkbox"/>	7. Incorrect Manual Handling Operation <input type="checkbox"/>
8. Contact injury <input type="checkbox"/>	8. Humans <input type="checkbox"/>	8. Other unsafe system of work <input type="checkbox"/>
9. Sport <input type="checkbox"/>	9. Biological <input type="checkbox"/>	9. Horseplay <input type="checkbox"/>
10. Assault <input type="checkbox"/>	10. Surface Contaminant <input type="checkbox"/>	10. Disagreement/Assault <input type="checkbox"/>
11. Verbal Abuse <input type="checkbox"/>	11. Postural Factors <input type="checkbox"/>	11. Intractable/Nervous Animal <input type="checkbox"/>
Did the accident result in: hospital visit Y <input type="checkbox"/> N <input type="checkbox"/> work time lost Y <input type="checkbox"/> N <input type="checkbox"/> Length of absence: <input type="text"/>		
What action has been taken to prevent re-occurrence? <input style="width: 100%;" type="text"/>		
Full investigation carried out Y <input type="checkbox"/> N <input type="checkbox"/> By whom: <input style="width: 100%;" type="text"/>		Date: <input style="width: 100%;" type="text"/>

Appendix 5: Information on Ofsted for those delivering in a school environment

Ofsted is the Office for Standards in Education, Children's Services and Skills. They regulate and inspect schools to achieve excellence in the care of children and young people, and in education and skills for learners of all ages.

They will assess a range of areas from pupil's attendance, attainment, behavior, safety and, important to sports coaches, teaching skills. You may not be a teacher, but it is important to note that when your work is being carried out in curriculum time your coaching may be observed by a HM Ofsted inspector, and this will contribute to a school's overall Ofsted report.

Within schools they will look at the quality of teaching, the use of assessment to support children's learning, how the curriculum meets the children's needs and the effectiveness of care, guidance and support. These areas should always be considered in coaching where sessions take place in school.

For more information, it is recommended that when a school is due for an Ofsted inspection that sports coaches' consult heavily with that school on what they will be required to do in order to achieve Ofsted-like standards. School staff should be able to assist with formalising lesson planning and assist in delivery of a session specific to your sport, whilst retaining curriculum requirements.

The Ofsted marking criteria for Physical Education is below:

Outstanding (1)

- Teaching is at least good in all, or nearly all, respects and is exemplary in significant elements. As a result, learners thrive, make exceptionally good progress in PE, and make considerably better progress in PE than might be expected.
- Almost all learners are engrossed in their work and make considerably better progress in PE than might be expected.
- Achievement in PE is very high.
- Teaching in PE is stimulating, enthusiastic and consistently challenging, stemming from expert knowledge of the curriculum, how to teach it and how learners learn.
- There are excellent relationships in all PE activities.
- Teaching methods in PE are well selected and time is used very productively for independent and collaborative work.
- PE activities and demands are matched sensitively to learners' needs.
- Well-directed teaching assistants and paired or joint teaching reinforce and strongly support learning in PE.
- OSHL opportunities extend, enrich and enhance the PE curriculum and develop skills, knowledge and understanding very effectively

Good (2)

- Most learners make good progress in PE and achieve well.
- Teaching methods in PE are imaginative and lead to a high level of interest from most learners.
- Individual needs in PE are well catered for, and teaching assistants are well deployed and make a significant contribution.
- Adults relate well to learners and expect them to work hard, but the level of challenge is realistic and safe, and pupils are productive.
- Staff understand the next steps learners need to take in their learning and they provide a wide range of activities to help them learn safely in PE.
- Homework in PE, if appropriate, is challenging and extended assignments, for example in GCSE and the sixth form, effectively develop what is learned in lessons

Satisfactory (3)

- Most learners' learning and progress in PE are at least satisfactory.
- Teaching in PE is accurate; teachers have secure understanding of the curriculum and the teaching of Key Skills through PE.
- They seek to make work in PE interesting and varied, and they involve learners productively.
- Learners understand what they are expected to do, and tasks in PE have sufficient challenge to keep them working well, independently or cooperatively.
- PE in the school provides successfully for learners who do not respond well to the subject or who have difficulties in learning.
- Relationships in PE are constructive and there is sensitivity to the needs of individuals and groups.
- Support staff are adequately managed and soundly contribute to pupils' learning in PE.
- Homework, if appropriate, and OSHL opportunities, extend, enhance and enrich class learning.
- Learners are given scope to make choices and apply their own ideas in PE.

Inadequate (4)

- Significant proportions of learners make limited progress in PE and underachieve because teaching is unsatisfactory.
- Teaching in PE is dull and fails to capture learners' interest and enthusiasm.
- PE activities are mundane and, because of limited tuning to individuals' needs, some learners get little from them.
- Greater effort is exerted on managing behavior in PE than in learning.
- Some learners are easily distracted from the activities and lack the motivation to work in PE.
- Staff have an incomplete understanding of the PE curriculum, resulting in patchy coverage.
- Teachers' sights may be set too low in PE and they may accept learners' efforts too readily.
- Support staff provide an extra pair of hands, but little effective support for learning in PE.

Appendix 6: Coaches safeguarding information

Warrington partners are committed to ensuring that sport delivered within Warrington is both safe and inclusive.

Warrington partners promote the safety and welfare of children and young people engaged in sporting activities locally.

What to do if you need help

When you as a coach (or anyone) becomes aware that a young person may be at risk or suffering from abuse or neglect, they have to do something about it.

If you ever feel uncomfortable around a safeguarding issue and want to talk to someone about it then Cheshire and Warrington Sports Partnership had a designated officer you can talk to:

Name: *Alison Pease*

Contact Telephone Number: *01606 871812*

Contact email:

Alison.pease@cwsportspartnership.org or support@cwsportspartnership.org

National Contact Information

If you would like to talk to someone or get some information from a national helpline, please see below:

Organisation Name	Details	Contact Number
NSPCC (National Society for the Prevention of Cruelty to Children)	The UK's leading children's charity. They campaign for children's rights and safety and lobby key decision makers who can affect children's lives	0800 800 5000
CPSU (Child Protection in Sport Unit)	A partnership between the NSPCC and the 4 home country sports councils. The CPSU's mission is to safeguard the welfare of children and young people under 18 in sport and to promote their well-being	0116 234 7278 cpsu@nspcc.org.uk
Childline	The free helpline for children and young people in the UK. Children and young people can call them to talk about any problems.	0800 11 11